The Complete Caregiver
24-Hour Breastfeeding Diary

Date: _____

Feeding Time	Nursing Time in Minutes		Diapers		Comments
	Left	Right	Wet	Stool	

Check with your baby's doctor regarding the number of feedings, time on the breast, and how many wet/stool diapers should be occurring per day. If your child is medically fragile, this may vary from the norm. Please write in what your child's feeding and elimination patterns should be:

Number of feedings every 24 hours: Breast _____ Other (i.e. NG tube): _____
Amount of time on breast allowed: _____
Number of wet diapers per day: _____
Number of stool diapers per day: _____
Stool type/color:_____

_____

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